

# DEBORAH HOSKINS DANCE

## COVID-19 SAFE PROCEDURES

### ADULT CLASSES



Updated 01/09/21

Deborah Hoskins Dance is committed to safeguarding the health and wellbeing of all dancers. As such, we are ensuring a concerted effort to help minimise the spread of COVID-19. We are following Public Health England's guidelines as well as guidance from the National Institute of Dance Medicine and Science and the Department for Education to minimise the risk of spreading of the virus by introducing the following procedures;

#### **ARRIVING AND LEAVING**

-Upon arrival please come down the corridor and wait quietly outside the studio in the hall to the **left hand side of the door**.

-Please do not arrive any earlier than **5 minutes** before the start of your class.

-Dancers should come ready in their dance wear and outdoors shoes should be removed before entering the studio.

-Dancers must wash hands or sanitise upon entering and exiting the studio.

#### **MASKS/PPE**

Masks in communal areas of the building are encouraged but not compulsory. Teachers will not wear masks in class but may wear PPE if close contact is required such as adjusting a student physically or administering first aid.

#### **VENTILATION AND CLEANING**

To maintain airflow, the main studio door will remain open throughout the classes as well as fresh air ventilation pumped in. **\*\*Please keep this in mind when dressing, especially in winter months\*\*** All Ballet bars, mats, touch points and toilets will continue to be sanitised before and after each class.

#### **SOCIAL DISTANCING**

Students will no longer be required to socially distance at 2m but following dance class health and safety, groups sizes are capped to give dancers plenty of space to move.

### **SELF TESTING**

All DHD teachers will self test using lateral flow kits twice weekly. All teachers have had two doses of the COVID-19 vaccine. Students are also encouraged to self test regularly if possible.

### **IF YOU FEEL UNWELL**

If you or a member of your household has been unwell or shows symptoms of COVID-19 (including a cold, cough and/or fever) then you are advised to keep away from studio classes until you/they have fully recovered and follow NHS and Public Health England's advice in regard to testing and/or isolation. If you or a member of your household is diagnosed with COVID-19 then you must let Test and Trace know. If any teachers, students or volunteers are diagnosed with COVID-19 Test & Trace will be informed.

### **IN THE CASE OF LOCALISED LOCKDOWN OR TEACHER ILLNESS/NEED TO ISOLATE**

If we are again forced to close due to localised lockdown or the teacher becomes ill or ordered to isolate by test and trace classes will continue online using ZOOM or a cover teacher may take over. For those unable to attend online classes, refunds will be issued or credit carried over to when classes can resume.

### **HOW TO FIND THE STUDIO**

To find the studio - walk past the Loft cafe area, towards the Rainbow Factory entrance then turn left down the corridor. After going through two sets of doors the studio is on the right. There is plenty of free parking on site.

Studio 3 @ Workhouse Fitness  
Springfield Commercial Centre  
Bagley Lane  
Farsley  
LS28 5LY

Thank you for your co-operation.

Deborah Hoskins LISTD

Principal - Deborah Hoskins Dance